

**MEETING MINUTES**  
**ST. MARY'S COUNTY COMMISSION ON AGING**  
**January 28, 2019**  
**Garvey Senior Activity Center**

**CALL TO ORDER:** The Chair called the meeting to order at 1:00 p.m. (This is a recorded meeting).

**ROLL CALL:** Members present were Gail Murdock, Margaret Forrest, Catherine Bush, Catherine Herndon, Linda Fry, Delores Thompson, and Rose Frederick; Department of Aging & Human Services staff members present were Lori Jennings-Harris, Director and Mercedez Jones, Coordinator I.

**ABSENT:** Marie Bond, Sandra Simmons, Dr. Bernice Williams

**INTRODUCTION OF NEW MEMBERS:** Rose Frederick and Delores Thompson introduced themselves to the Commission.

**PRESENTATION:** Debbie Barker, Senior Information & Assistance Division Manager gave an overview of her division. Mr. Murdock demonstrated how to walk through the Maryland.gov website and taught the basics of how to look up and track legislative bills via the Legislative Brand, General Assembly of Maryland.

**APPROVAL OF MINUTES:** Motion to approve the November 26, 2018 minutes was made by Margaret Forrest and seconded by Rose Frederick; the motion passed.

**ELECTION OF OFFICERS:** A motion was made by Rose Frederick and seconded by Catherine Herndon.

- Mr. Gail Murdock was elected Chairperson.
- Ms. Margaret Forrest was elected Vice Chairperson.
- Ms. Linda Fry was elected Secretary.

**COMMITTEE REPORTS:**

- Outreach Committee ó Linda Fry  
February 23rd there will be food distribution at the Church of Ascension in Lexington Park, MD.
- Legislative Update ó Gail Murdock  
No update
- Garvey Council ó Margaret Forrest  
Mr. Murdock is selling tickets for a stuffed ham. Twenty-seven thousand dollars has been raised by the Council since December 2015. A piano has been purchased for the center and there was another \$800 donated to the Garvey Senior Center for programs.
- Homeless Coalition ó Bernice Williams  
February's food stamps were distributed in January due to the Federal Government shut down. Citizens need to make their food stamps last until March which is expected to affect seniors.

**DISCUSSION OF OLD BUSINESS:**

- Tri-County Council Representative ó Members decided not to have a representative as an ex-officio member, but will invite the representative as a speaker.

**DISCUSSION OF NEW BUSINESS:**

- Sharps Program ó Personal medical sharps may be dropped off at St. Maryø County Health Department in Leonardtown, MD and also the Harm Reduction Program Satellite Office in Lexington Park, MD. Anonymous drop boxes are available in the front lobby of the St. Maryø County Sheriffø Office in Leonardtown.
- Drug Abuse/Prescriptions ó The members would like for Dr. Meenakshi Brewster, St. Maryø County Health Department Health Officer, to be a speaker at an upcoming meeting to discuss drug abuse/prescriptions.

**UPCOMING EVENTS:**

- February 5, 2019, 12:00 p.m. ó Valentineø Luncheon with Bruce Thomas at Garvey Senior Activity Center

**ADJOURNMENT:** Meeting adjourned at 2:25 p.m.

**NEXT MEETING:** February 25, 2019 at 1:00 p.m.  
St. Maryø Nursing Center  
21585 Peabody St  
Leonardtown, MD 20650

**Purpose:** To advise and assist in the content, administration, and financing of county programs designed to serve the elderly residents of the county; to work with the community to develop awareness and understanding of problems and concerns of the elderly.